

JUNIOR GOLF

Coaching Programme

Starting 14th and 15th April!

We are delighted to be offering a 10-week block of coaching for our junior and juvenile members!

Please read on for full details.

Although both evenings are open to all junior/juvenile members, we have established that we have two distinct groups in terms of age, course readiness, and general availability of junior members due to other clubs/commitments.

As such Monday & Tuesday evenings will run slightly differently.



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Coaching Programme

Starting 14th and 15th April!

Our coaching programme will be run by our volunteer coaches with some support from the club professional.

Sessions will cater for golfers of all abilities but groupings will be made to support effective delivery.

Our sessions will follow a 5 level programme using some of Scottish Golf's Learn to Golf activities and lessons which are largely game based with a focus on skills development and golf knowledge.



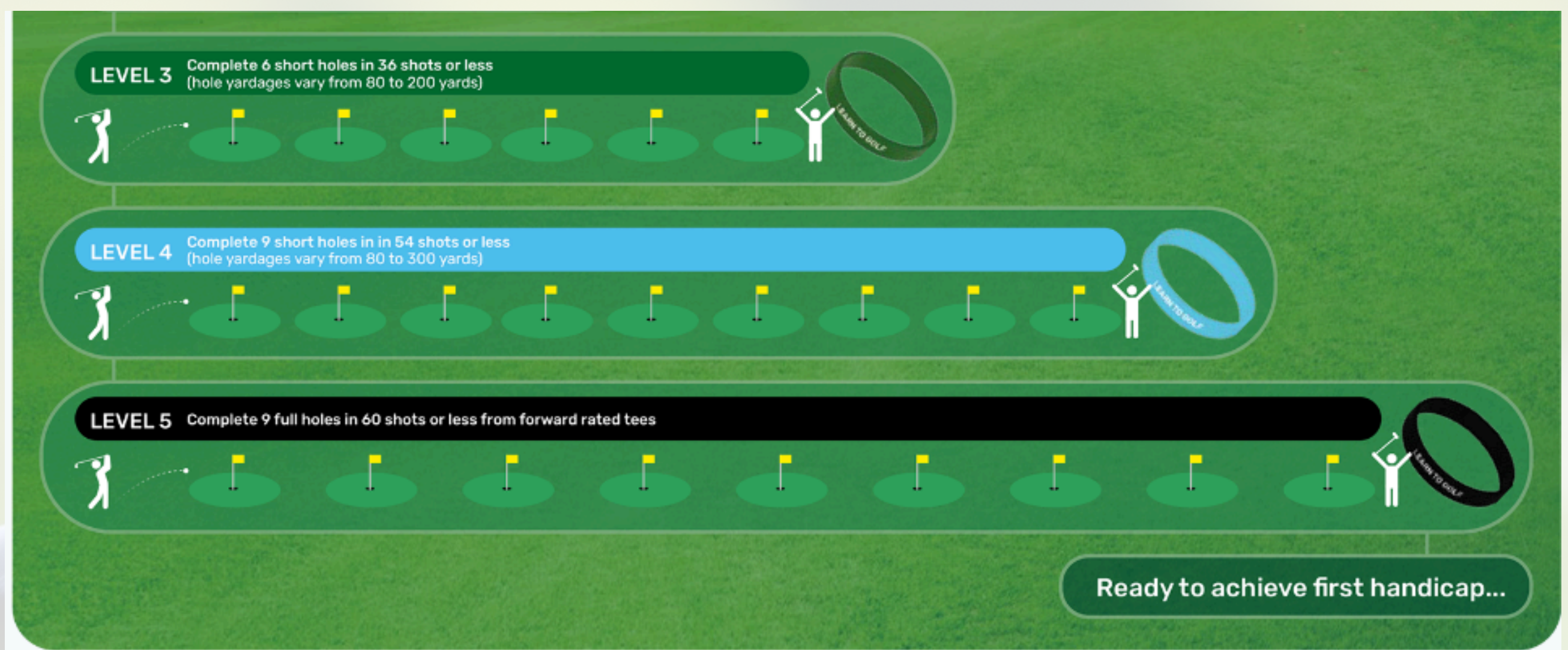
Sessions are included in the cost of a junior or juvenile membership.

A selection of golf clubs are available which can be provided to any golfer who doesn't have their own.

Monday Coaching Sessions

4.45-6.45pm

The main focus of Monday evening sessions will be on the following levels of the Scottish Golf Junior Pathway, however provision can be made for golfers of other levels provided support can be given by volunteers and parents.



Each week will begin with a short 15 minute warm-up session on the Driving Range, chipping area or putting green.

The aim of Monday Sessions is to get our more able and older golfers ready for the course as quickly as possible whilst exposing them to some skills based activities to develop their game.

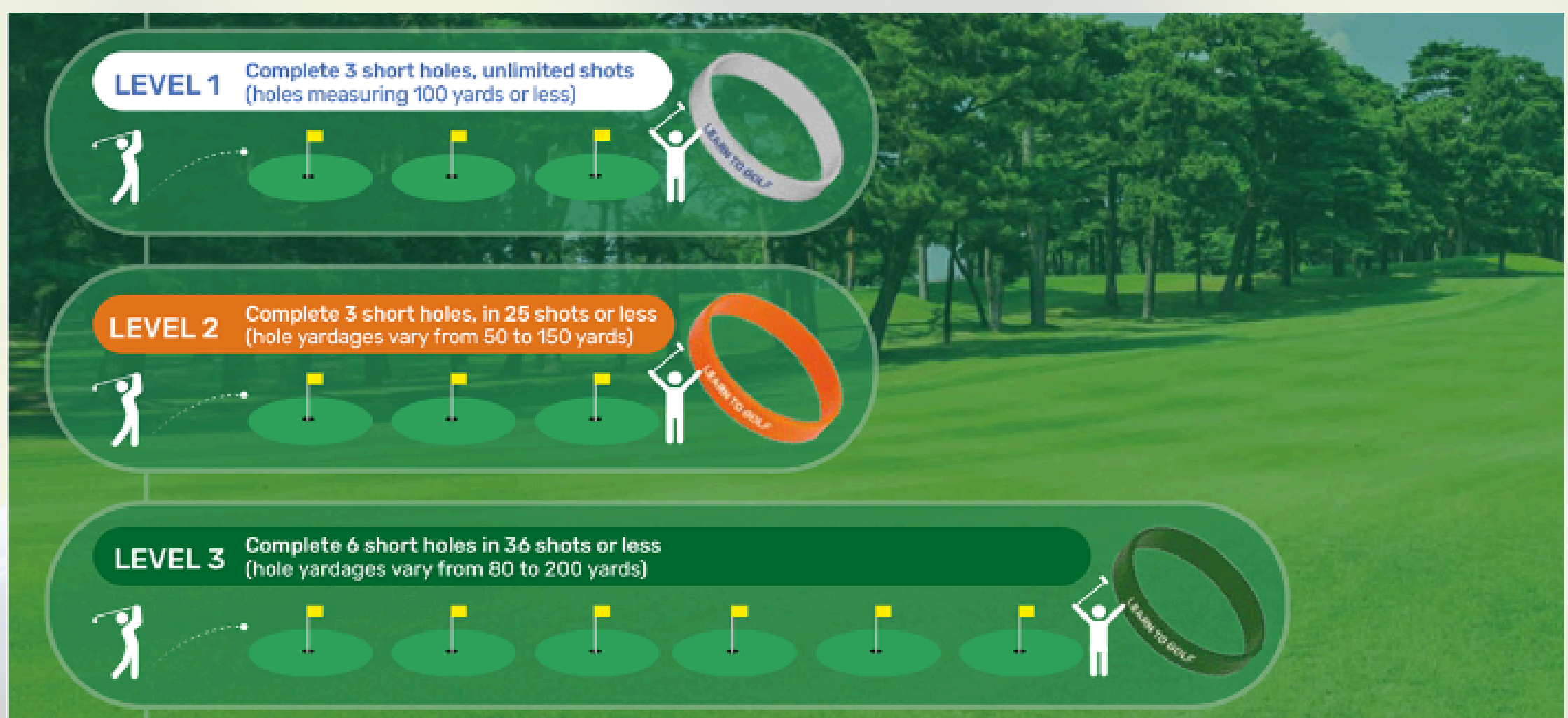
The majority of sessions will take place on the course and within the on-course practise area.

At the end of each session light refreshments will be available to purchase in the clubhouse while waiting for lifts etc.

Tuesday Coaching Sessions

4.45 - 5.30pm

The main focus of Tuesday evening sessions will be on the following levels of the Scottish Golf Junior Pathway, however provision can be made for golfers of other levels provided support can be given by volunteers and parents.



Sessions will be centred around fun games based skills development and will initially mainly involve work on the Driving Range, Putting Green and Chipping Area.

Later sessions in the block may move to the on-course practice area and use some short holes to give golfers an on-course experience before beginning to work through the assessment levels shown above.

Sessions on Tuesdays will be kept shorter, owing to the younger age and lower progress rate of participants. Further blocks will be offered to continue progress and ensure our youngsters can get the most out of their season.

At the end of each session light refreshments will be available to purchase in the clubhouse while waiting for lifts etc.

What do I need to do to take part?

Step 1 - Ensure you have completed the Junior/Juvenile Registration Form

[Click here or scan QR to complete the junior/juvenile member registration form.](#)



Step 2 - Sign up for your chosen session

[Click here or scan QR to sign up for Monday Sessions](#)



[Click here or scan QR to sign up for Tuesday Sessions](#)



Step 3 - Turn up to our first session ready to learn and have fun!

Your coaches can't wait to see you make good progress!



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